**THE WAY**

Universal Truths from The Lost Text

**73**

The Way is not place. The Way is state. This is The Way.

The Way is not on a mountaintop. The Way is the confidence you feel on a mountaintop. The Way is not in a meadow. The Way is the love you feel in a meadow.

The Way is not in the sea. The Way is the serenity you feel in the sea. The Way is not in a lagoon. The Way is the security you feel in a lagoon.

The Way is not in the forest. The Way is the gratitude you feel in the forest. The Way is not in a valley. The Way is the awareness you feel in a valley.

The Way is not an island. The Way is the truth you feel on an island. The Way is not in a canyon. The Way is the reality you feel in a canyon.

The Way is not in the wind. The Way is the compassion you feel in the wind. The Way is not in the rain. The Way is the acceptance you feel in the rain.

The Way is not in the sunlight. The Way is the trust you feel in the sunlight. The Way is not in the moonlight. The Way is the expectation you feel in the moonlight.

The Way is not on a beach. The Way is the joy you feel on a beach. The Way is not in a marsh. The Way is the poise you feel in a marsh.

The Way is not in the heavens. The Way is the enlightenment you feel in the heavens. The Way is not in the stars. The Way is the consciousness you feel in the stars.

84

Love is not words. Words are not love. This is The Way.

Love is a tear on a lover’s cheek. Love is a new born baby’s cry. Love is the echo of a pounding heart. Love is a sweaty palm.

Love is a dry throat. Love is a gentle hug. Love is a furtive look across a crowded room.

We must love our Self to be whole. We must not love another to be whole. To love another to be whole is an illusion. To love your Self to be whole is reality.

A home full of Self-love is an enlightened home. A home devoid of Self-love is an unenlightened home. A home of Self-love is a home surrounded by love from and of the Source.

Self-love originates from The Way…it ends with The Way.

Each of us desire the whole of love, but most feel the distain of the whole without Self-love. They shall never achieve the whole of love.

You have free will to love your Self. You have free will to distain your Self. This is The Way.

When you receive the love of The Way, you achieve the love of the Self. When you do not receive the love of The Way, you do not achieve the love of the Self.

The Way is the whole of love. The love of the whole is The Way. The giver of love is The Way. The holder of love is The Way.

**95**

There is the old. There is the young. This is The Way.

The young are naïve and malleable, the old are learned and brittle. Brittleness is for trees not for people, malleability is for people not trees.

To live well take the malleability of youth and pass it to the old, to live well pass the learned of old age and pass it to the young.

The young see everything as new, sparkling, and shiny. The old see everything as old, dark, and dull.

The young hear everything as new, sparkling, and shiny. The old hear everything as old, dark, and dull.

The young speak everything as new, sparkling, and shiny. The old speak everything as old, dark, and dull.

The young write everything as new, sparkling, and shiny. The old write everything as old, dark, and dull.

The young see everything as an event to live a new experience. The old see everything as an accident to not experience again.

The young hear everything as an event to live a new experience. The old hear everything as an accident to not experience again.

 The young speak everything as an event to live a new experience. The old speak everything as an accident to not experience again.

The young read everything as an event to live a new experience. The old read everything as an accident to not experience again.

The old must see everything as new, sparkling, and shiny. The old must hear everything as new, sparkling, and shiny.

The old must speak everything as new, sparkling, and shiny. The old must write everything as new, sparkling, and shiny.

If you see everything as new, sparkling, and shiny you shall never age. If you hear everything as new, sparkling, and shiny you shall never age

If you speak everything as new, sparkling, and shiny you shall never age. If you write everything as new, sparkling, and shiny you shall never age.

If you see everything as old, dark, and dull you shall age. If you hear everything as old, dark, and dull you shall age.

If you speak everything as old, dark, and dull you shall age. If you write everything as old, dark, and dull you shall age.